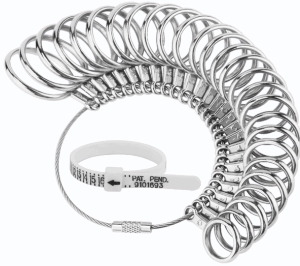




## MEASUREMENT GUIDE



### Best Option: Standard Ring Sizer

The most accurate method is using a standard jeweler's ring sizer.

Upon request, we can provide ring sizers and sample rings for therapists and OTs to keep in their clinic for patient fittings.

### For DIP, PIP, and IP joints splints:

Please measure two ring sizes, above and below the joint

-Below the joint ring size should pass over the knuckle



### For MCP joint splints:

Please measure:

- 1- Base of the thumb with a ring sizer
- 2- MCP joint with a soft tape measure
- 3- Wrist circumference with tape measure

### General Tips

Measure at the end of the day when swelling is most likely.

Always measure twice for accuracy.  
Note if the knuckle is larger than the base of the finger.

If between sizes → choose the larger size for comfort.

### Submitting Measurements

Enter your measurements at checkout.

Or fill out our Measurement Form PDF and send it to us at [evabelleshop@gmail.com](mailto:evabelleshop@gmail.com).

Therapists/OTs: Contact us if you'd like a professional kit with ring sizers and samples for use in your practice.